

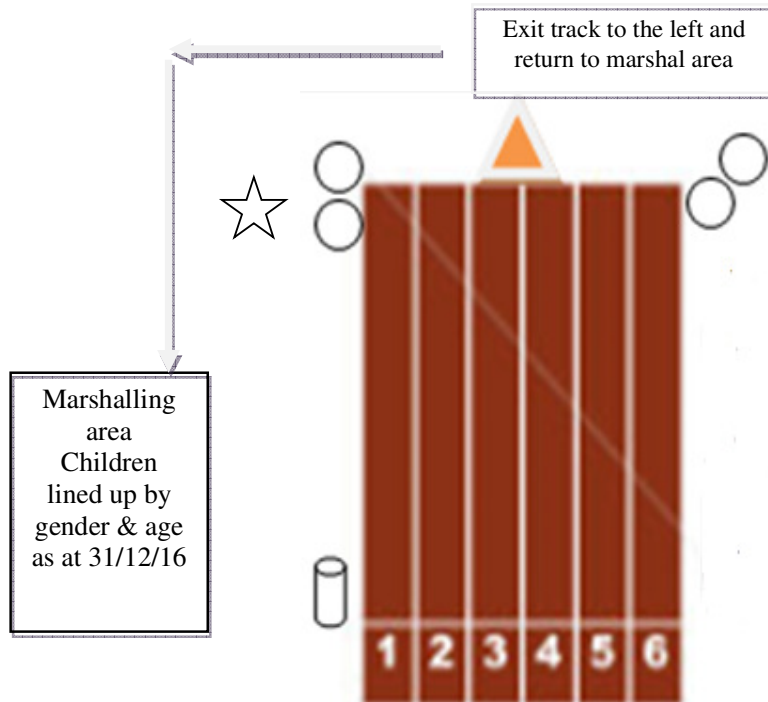


# POINT CHEVALIER AMATEUR ATHLETICS CLUB

## Club Champs Marshalling Roles & Duties

### KEY

☆ = Recorder      🏹 = Starter      ○ = Place getter



### All marshals need to wear a Hi Vis Vest (Collect from start line)

- Line marshals stand 1m back from the finish line, gather place getters and lead them back to start line. (Keep parent observers off the track)
- **First Place Getter & Start Marshal 2 to indicate start of race by raising a single arm**
- **Recorder must record heat/final placing's + 1<sup>st</sup> place times.**
- **Start marshals co-ordinate race starts.** Checking that the children are in right uniform and are in the right race.
- **Start marshals x 3** including starter to observe for false starts. If a false start occurs a single arm must be raised and the starter must double clap to stop race.
- **Starter must indicate if the race is a heat = blue baton or final = red baton.**

### IMPORTANT NOTES:

**PLEASE BE PATIENT – There are processes and rules in place that need to be observed. Please respect these and any instructions given by club officials.**

# Club Champs Programme

## **Week One: Tuesday 28<sup>th</sup> February 2017**

3 & 4 Year Olds  
30m  
60m

## **Week Two: Tuesday 7<sup>th</sup> March 2017**

5 & 6 Year Olds  
50m  
75m

## **Week Three: Tuesday 14<sup>th</sup> March 2017**

3 & 4 Year Olds  
50m  
75m

## **Week Four: Tuesday 21<sup>st</sup> March 2017**

5 & 6 Year Olds  
60m  
100m

**Rain date: 28<sup>th</sup> March 2017**

### **IMPORTANT INFORMATION / RULES**

- **The Junior programme primarily focuses on developing running techniques for children aged 3 – 6 years old.**
- **Running forms the basis of club champs which is determined by gender and age as at 31/12/14. There are trophies and medals available for all age groups for athletes placed 1 – 3 as well as a trier trophy.**

**So it is serious business. The club keeps running table of club records which can be found on the club website.**

- Parental assistance is crucial for ensuring club night runs smoothly. Please help out wherever you can.
- All children must be in full uniform – Club Tee & Black Shorts, running shoes are permitted but not necessary.
- Parents are responsible for the behaviour of their children during club champs, if children are disruptive or causing delays you will be asked to remove them.